



FOR A NEW BEGINNING

In out-of- the -way places of the heart, Where your thoughts never think to wander, This beginning has been quietly forming, Waiting until you were ready to emerge.
For a long time it has watched your desire, Feeling the emptiness growing inside you, Noticing how you willed yourself on, Still unable to leave what you had outgrown.
It watched you play with the seduction of safety And the gray promises that sameness whispered, Heard the wave of turmoil rise and relent Wondered would you always live like this.
Then the delight, when your courage kindled, And out you stepped onto new ground, Your eyes young again with energy and dream, A path of plenitude opening before you.
Though your destination is not yet clear You can trust the promise of this opening: Unfurl yourself into the grace of beginning That is at one with your life's desire.
Awaken your spirit to adventure: Hold nothing back learn to find ease in risk: Soon you will be home in a new rhythm, For your soul senses the world that awaits you.

JOHN O'DONOHUE

A new beginning each day can be found in the silence from within. My name is Mary Blomeke and as a spiritual companion, I invite you to walk with me on your sacred journey in search of who you are truly meant to be. Are you searching for answers to any decisions you are making in your life? Are you doing daily discernment of how God is working in your life? Are you experiencing a spiritual darkness, feeling distant from God and wanting a deeper relationship with Him? Are you searching for something else? I welcome you to call me to talk more about spiritual companioning or to schedule an appointment. I meet on zoom, whatsapp or in person. All are welcome.

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